

Thank you for wanting to help make and scatter Peyton Heart Project hearts in your area. We are eager to know if you will be scattering hearts in locations that we don't already have many people scattering hearts in. Although people in every country are welcome to join us we would love to hear if you will be scattering hearts in countries outside of the US, Canada, The Netherlands or Australia. We love updating our world map and want to know which countries we should add.

The hearts you make should be about 2 inches by 2.5 inches (5cm-6cm) in size with **two** strands of 5 inches (12cm) each coming from the **center of the top** of the hearts that you tie together into an overhand or figure eight knot (not a granny knot or square knot) before you attach the tags. Please do not make this loop long enough for a child to wear as a necklace. A child could become entangled in it. The hearts should be bright colors – not black. **Please do not attach buttons, beads, etc. to the hearts because a small child might find the heart and it could present a choking hazard.**

Below are the pages for the fronts and backs of the tags for the Peyton Heart Project. If your printer does automatic double-sided printing: set it to print pages 2 to 3.

If your printer doesn't print both sides by itself: set it to print page 2 then turn them over and run them through the printer again printing page 3 on the back. Make sure the same edge is up on both sides.

Use a hole punch to place a hole in the corner of the tag. Then, attach the tags to the hearts. We use brightly colored card stock for our tags. It helps them get noticed when they are left in public places. Only use thick paper to print out the tags please. At least **"65lb"** weight card stock. Regular 20-24lb copy paper is just not strong enough.

Have fun and please take some photos along the way. Be sure to share them on our Facebook page or Instagram/Twitter. Be sure to mention that you are scattering the hearts when you post the photos. When posting on social media please add the hashtag #PeytonHeartProject to your photos.

**Our quotes are only to be used for the Peyton Heart Project.  
The hearts should never be sold. They are always FREE.**

For further information and updates to our guidelines, please go to our Facebook page where you can find the updated answers to our Frequently Asked Questions. You can find this post in our "notes" section on the left of our main page. Thank you.

Sincerely,  
The Peyton Heart Project  
**February 23, 2025**

**Please do not alter the files in any way. This includes changing any quotes; changing the layout; changing the font; changing any colors; adding or deleting icons.**



Take Me!

*Love is all around you.*

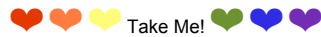
*In Honor of the Survivors  
and the Lives Lost in Orlando.  
#PeytonHeartProject*



Take Me!

*Love is all around you.*

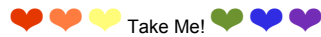
*In Honor of the Survivors  
and the Lives Lost in Orlando.  
#PeytonHeartProject*



Take Me!

*Love the life you live.*

*In Honor of the Survivors  
and the Lives Lost in Orlando.  
#PeytonHeartProject*



Take Me!

*Love the life you live.*

*In Honor of the Survivors  
and the Lives Lost in Orlando.  
#PeytonHeartProject*



Take Me!

*Beautiful  
minds inspire others.*

*In Honor of the Survivors  
and the Lives Lost in Orlando.  
#PeytonHeartProject*



Take Me!

*Beautiful  
minds inspire others.*

*In Honor of the Survivors  
and the Lives Lost in Orlando.  
#PeytonHeartProject*



Take Me!

*Always  
choose kindness.*

*In Honor of the Survivors  
and the Lives Lost in Orlando.  
#PeytonHeartProject*



Take Me!

*Always  
choose kindness.*

*In Honor of the Survivors  
and the Lives Lost in Orlando.  
#PeytonHeartProject*



Take Me!

*Believe in the  
kindness of others.*

*In Honor of the Survivors  
and the Lives Lost in Orlando.  
#PeytonHeartProject*



Take Me!

*Believe in the  
kindness of others.*

*In Honor of the Survivors  
and the Lives Lost in Orlando.  
#PeytonHeartProject*



Take Me!

*No act of  
kindness is ever wasted.*

*In Honor of the Survivors  
and the Lives Lost in Orlando.  
#PeytonHeartProject*



Take Me!

*No act of  
kindness is ever wasted.*

*In Honor of the Survivors  
and the Lives Lost in Orlando.  
#PeytonHeartProject*



Take Me!

*Love is all around you.*

*In Honor of the Survivors  
and the Lives Lost in Orlando.  
#PeytonHeartProject*



Take Me!

*Love is all around you.*

*In Honor of the Survivors  
and the Lives Lost in Orlando.  
#PeytonHeartProject*



Take Me!

*You are  
a burst of beautiful.*

*In Honor of the Survivors  
and the Lives Lost in Orlando.  
#PeytonHeartProject*



Take Me!

*You are  
a burst of beautiful.*

*In Honor of the Survivors  
and the Lives Lost in Orlando.  
#PeytonHeartProject*



Take Me!

*Kindness  
will set you free.*

*In Honor of the Survivors  
and the Lives Lost in Orlando.  
#PeytonHeartProject*



Take Me!

*Kindness  
will set you free.*

*In Honor of the Survivors  
and the Lives Lost in Orlando.  
#PeytonHeartProject*



Take Me!

*Your soul is  
made of stars.*

*In Honor of the Survivors  
and the Lives Lost in Orlando.  
#PeytonHeartProject*



Take Me!

*Your soul is  
made of stars.*

*In Honor of the Survivors  
and the Lives Lost in Orlando.  
#PeytonHeartProject*



Take Me!

*Love  
changes everything.*

*In Honor of the Survivors  
and the Lives Lost in Orlando.  
#PeytonHeartProject*



Take Me!

*Love  
changes everything.*

*In Honor of the Survivors  
and the Lives Lost in Orlando.  
#PeytonHeartProject*



Take Me!

*You make the  
world a beautiful place.*

*In Honor of the Survivors  
and the Lives Lost in Orlando.  
#PeytonHeartProject*



Take Me!

*You make the  
world a beautiful place.*

*In Honor of the Survivors  
and the Lives Lost in Orlando.  
#PeytonHeartProject*



Take Me!

*Let there be love.*

*In Honor of the Survivors  
and the Lives Lost in Orlando.  
#PeytonHeartProject*



Take Me!

*Let there be love.*

*In Honor of the Survivors  
and the Lives Lost in Orlando.  
#PeytonHeartProject*



Take Me!

*You are loved.*

*In Honor of the Survivors  
and the Lives Lost in Orlando.  
#PeytonHeartProject*



Take Me!

*You are loved.*

*In Honor of the Survivors  
and the Lives Lost in Orlando.  
#PeytonHeartProject*

