Thank you for wanting to help make and scatter Peyton Heart Project hearts in your area. We are eager to know if you will be scattering hearts in locations that we don't already have many people scattering hearts in. Although people in every country are welcome to join us we would love to hear if you will be scattering hearts in countries outside of the US, Canada, The Netherlands or Australia. We love updating our world map and want to know which countries we should add.

The hearts you make should be about 1.5 to 2 inches (4cm-5cm) in size with **two** strands of 5 inches (12cm) each coming from the **center of the top** of the hearts that you tie together into an overhand or figure eight knot (not a granny knot or square knot) before you attach the tags. Please do not make this loop long enough for a child to wear as a necklace. A child could become entangled in it. The hearts should be bright colors – not black. **Please do not attach buttons, beads, etc. to the hearts because a small child might find the heart and it could present a choking hazard.**

Below are the pages for the fronts and backs of the tags for the Peyton Heart Project. If your printer does automatic double-sided printing: set it to print pages 2 to 11.

If your printer doesn't print both sides by itself: set it to print pages 2, 4, 6, 8, & 10 then turn them over and run them through the printer again printing page 3 on the backs of all the pages. Make sure the same edge is up on both sides. (Test one first.)

Have fun and please take some photos along the way. Be sure to share them on our Facebook page or Instagram/Twitter. Be sure to mention that you are scattering the hearts when you post the photos. When posting on social media please add the hashtag #PeytonHeartProject to your photos.

Our quotes are only to be used for the Peyton Heart Project. The hearts should never be sold. They are always FREE.

For further information and updates to our guidelines, please go to our Facebook page where you can find the updated answers to our Frequently Asked Questions. You can find this post in our "notes" section on the left of our main page. Thank you.

Sincerely, The Peyton Heart Project **February 23, 2025**

Please do not alter the files in any way. This includes changing any quotes; changing the layout; changing the font; changing any colors; adding or deleting icons.

Know that you are loved for who you are.

In Honor of the Survivors & the Líves Lost at Marjory Stoneman Douglas High in Parkland, F.L. #PeytonHeartProject

Live for the moments you can't put into words.

In Honor of the Survivors & the Líves Lost at Marfory Stoneman Douglas High in Parkland, F.L. #PeytonHeartProject

Look at yourself with kindness and love.

In Honor of the Survivors & the Líves Lost at Marfory Stoneman Douglas High in Parkland, F.L. #PeytonHeartProject

Love is more powerful than hate.

In Honor of the Survivors & the Líves Lost at Marjory Stoneman Douglas High in Parkland, F.L. #PeytonHeartProject

No act of kindness is ever wasted.

In Honor of the Survivors & the Líves Lost at Marjory Stoneman Douglas High in Parkland, F.L. #PeytonHeartProject

No one is you, and that is your power.

In Honor of the Survivors & the Líves Lost at Marfory Stoneman Douglas High in Parkland, F.L. #PeytonHeartProject

Spread your wings and learn to fly.

In Honor of the Survivors & the Líves Lost at Marfory Stoneman Douglas High in Parkland, F.L. #PeytonHeartProject

The good things in life are better with you.

In Honor of the Survivors & the Líves Lost at Marjory Stoneman Douglas High in Parkland, F.L. #PeytonHeartProject

When the skies are dark, look for the stars.

In Honor of the Survivors & the Lives Lost at Marjory Stoneman Douglas High in Parkland, F.L. #PeytonHeartProject

Where there is kindness there is magic.

In Honor of the Survivors & the Líves Lost at Marfory Stoneman Douglas High in Parkland, F.L. #PeytonHeartProject

You make the world a beautiful place.

In Honor of the Survivors & the Líves Lost at Marfory Stoneman Douglas High in Parkland, F.L. #PeytonHeartProject

Douglas High in Parkland, F.L. #PeytonHeartProject

You're a

magnet for miracles.

In Honor of the Survivors & the

Lives Lost at Marjory Stoneman

Your eyes are the windows to your soul.

In Honor of the Survivors & the Líves Lost at Marjory Stoneman Douglas High in Parkland, F.L. #PeytonHeartProject

Beyond the darkness, light appears.

In Honor of the Survivors & the Líves Lost at Marfory Stoneman Douglas High in Parkland, F.L. #PeytonHeartProject

Focus your thoughts on what inspires you.

In Honor of the Survivors & the Líves Lost at Marfory Stoneman Douglas High in Parkland, F.L. #PeytonHeartProject

Hope is the heartbeat of the soul.

In Honor of the Survivors & the Líves Lost at Marfory Stoneman Douglas High in Parkland, F.L. #PeytonHeartProject

Make the most of your unique gifts.

In Honor of the Survivors & the Líves Lost at Marjory Stoneman Douglas High in Parkland, F.L. #PeytonHeartProject

Nurture more kindness in the world.

"Stíll, I ríse."

~ M. Angelou In Honor of the Survivors & the

Líves Lost at Marfory Stoneman

Douglas High in Parkland, F.L.

#PeytonHeartProject

In Honor of the Survivors & the Líves Lost at Marfory Stoneman Douglas High in Parkland, F.L. #PeytonHeartProject

Those who plant kindness gather love.

Always

choose kindness.

In Honor of the Survivors & the

Líves Lost at Marfory Stoneman

Douglas High in Parkland, F.L.

#PeytonHeartProject

In Honor of the Survivors & the Líves Lost at Marfory Stoneman Douglas High in Parkland, F.L. #PeytonHeartProject

Douglas High in Parkland, F.L. #PeytonHeartProject

You have the strength

to face any challenge.

In Honor of the Survivors & the

Líves Lost at Marjory Stoneman

In Honor of the Survivors & the

Líves Lost at Marjory Stoneman

Douglas High in Parkland, F.L.

#PeytonHeartProject

Always find reasons to smile.

"Hope is a waking dream." ~Aristotle

In Honor of the Survivors & the Líves Lost at Marjory Stoneman Douglas High in Parkland, F.L. #PeytonHeartProject

Life is precious.

In Honor of the Survivors & the Líves Lost at Marfory Stoneman Douglas High in Parkland, F.L. #PeytonHeartProject

Love endlessly.

In Honor of the Survivors & the Líves Lost at Marfory Stoneman Douglas High in Parkland, F.L. #PeytonHeartProject

Love has no limits.

In Honor of the Survivors & the Lives Lost at Marjory Stoneman Douglas High in Parkland, F.L. #PeytonHeartProject

Aspíre to Inspíre. In Honor of the Survivors & the Líves Lost at Marfory Stoneman Douglas High in Parkland, F.L. #PeytonHeartProject



Be the peace you seek.

In Honor of the Survivors & the
Lives Lost at Marjory Stoneman
Douglas High in Parkland, FL.
#PeytonHeartProject

Embrace the possibilities.

In Honor of the Survivors & the

Lives Lost at Marjory Stoneman

Douglas High in Parkland, FL.

#PeytonHeartProject

Be who you are meant to be.

In Honor of the Survivors & the Lives Lost at Marjory Stoneman Douglas High in Parkland, FL. #PeytonHeartProject

Be your own kind of beautiful.

In Honor of the Survivors & the
Lives Lost at Marjory Stoneman
Douglas High in Parkland, FL.
#PeytonHeartProject

Beauty comes from within.

In Honor of the Survivors & the
Lives Lost at Marjory Stoneman
Douglas High in Parkland, FL.
#PeytonHeartProject

Beauty ís everywhere.

In Honor of the Survivors & the
Lives Lost at Marjory Stoneman
Douglas High in Parkland, FL.
#PeytonHeartProject

Embrace who you are.

In Honor of the Survivors & the

Lives Lost at Marjory Stoneman

Douglas High in Parkland, FL.

#PeytonHeartProject

Embrace your beautiful life.

In Honor of the Survivors & the
Lives Lost at Marjory Stoneman
Douglas High in Parkland, FL.
#PeytonHeartProject

Believe in the goodness of life.

In Honor of the Survivors & the

Lives Lost at Marjory Stoneman

Douglas High in Parkland, FL.

#PeytonHeartProject

Believe in the kindness of others.

In Honor of the Survivors & the

Lives Lost at Marjory Stoneman

Douglas High in Parkland, FL.

#PeytonHeartProject

Believe in who you can be.

In Honor of the Survivors & the

Lives Lost at Marfory Stoneman

Douglas High in Parkland, FL.

#PeytonHeartProject

Believe in your worth.

In Honor of the Survivors & the

Lives Lost at Marjory Stoneman

Douglas High in Parkland, FL.

#PeytonHeartProject

Believe in yourself.

In Honor of the Survivors & the Lives Lost at Marjory Stoneman Douglas High in Parkland, FL. #PeytonHeartProject

Capture the beauty in every moment.

In Honor of the Survivors & the
Lives Lost at Marjory Stoneman
Douglas High in Parkland, FL.
#PeytonHeartProject

Collect beautiful moments.

In Honor of the Survivors & the

Lives Lost at Marjory Stoneman

Douglas High in Parkland, FL.

#PeytonHeartProject

Create love in every moment.

In Honor of the Survivors & the

Lives Lost at Marjory Stoneman

Douglas High in Parkland, FL.

#PeytonHeartProject

Create your own path.

In Honor of the Survivors & the Lives Lost at Marjory Stoneman Douglas High in Parkland, FL. #PeytonHeartProject

Create your own sunshine.

In Honor of the Survivors & the Lives Lost at Marjory Stoneman Douglas High in Parkland, FL.
#PeytonHeartProject

Cultívate kíndness.

In Honor of the Survivors & the

Lives Lost at Marjory Stoneman

Douglas High in Parkland, FL.

#PeytonHeartProject

Dance like no one's watching.

In Honor of the Survivors & the

Lives Lost at Marjory Stoneman

Douglas High in Parkland, FL.

#PeytonHeartProject

Do what makes your soul shine.

In Honor of the Survivors & the
Lives Lost at Marjory Stoneman
Douglas High in Parkland, FL.
#PeytonHeartProject

Enjoy lífe's pleasures.

In Honor of the Survivors & the
Lives Lost at Marjory Stoneman
Douglas High in Parkland, FL.
#PeytonHeartProject

Dream deeper than the ocean.

In Honor of the Survivors & the
Lives Lost at Marjory Stoneman
Douglas High in Parkland, FL.
#PeytonHeartProject

Dream without limits.

In Honor of the Survivors & the

Lives Lost at Marjory Stoneman

Douglas High in Parkland, FL.

#PeytonHeartProject

Be true to you.

In Honor of the Survivors & the
Lives Lost at Marjory Stoneman
Douglas High in Parkland, FL.
#PeytonHeartProject

Believe in love. n Honor of the Survivors & tl

In Honor of the Survivors & the

Lives Lost at Marjory Stoneman

Douglas High in Parkland, FL.

#PeytonHeartProject

Believe in miracles.

In Honor of the Survivors & the **Lives Lost at Marjory Stoneman Douglas High in Parkland, FL.** #PeytonHeartProject

Do what you love. fonor of the Survivors & the

In Honor of the Survivors & the Lives Lost at Marjory Stoneman Douglas High in Parkland, FL. #PeytonHeartProject



Every day ís a gíft.

In Honor of the Survivors & the Lives Lost at Marjory Stoneman Douglas High in Parkland, FL. #PeytonHeartProject

Every day is a second chance.

In Honor of the Survivors & the

Lives Lost at Marjory Stoneman

Douglas High in Parkland, FL.

#PeytonHeartProject

You deserve love.

In Honor of the Survivors & the

Lives Lost at Marfory Stoneman

Douglas High in Parkland, FL.

#PeytonHeartProject

Everything is possible.

In Honor of the Survivors & the

Lives Lost at Marjory Stoneman

Douglas High in Parkland, FL.

#PeytonHeartProject

Follow your bliss.

In Honor of the Survivors & the
Lives Lost at Marjory Stoneman
Douglas High in Parkland, FL.
#PeytonHeartProject

Follow your dreams.

In Honor of the Survivors & the
Lives Lost at Marjory Stoneman
Douglas High in Parkland, FL.
#PeytonHeartProject

Follow your heart.

In Honor of the Survivors & the
Lives Lost at Marjory Stoneman
Douglas High in Parkland, FL.
#PeytonHeartProject

Give love with all of your heart.

In Honor of the Survivors & the
Lives Lost at Marjory Stoneman
Douglas High in Parkland, FL.
#PeytonHeartProject

Go where your spirit leads you.

In Honor of the Survivors & the

Lives Lost at Marjory Stoneman

Douglas High in Parkland, FL.

#PeytonHeartProject

Hope anchors the soul.

In Honor of the Survivors & the

Lives Lost at Marjory Stoneman

Douglas High in Parkland, FL.

#PeytonHeartProject

Inspiration is all around you.

In Honor of the Survivors & the

Lives Lost at Marjory Stoneman

Douglas High in Parkland, FL.

#PeytonHeartProject

Inspíre someone today.

In Honor of the Survivors & the

Lives Lost at Marjory Stoneman

Douglas High in Parkland, FL.

#PeytonHeartProject

Keep your sense of wonder.

In Honor of the Survivors & the

Lives Lost at Marjory Stoneman

Douglas High in Parkland, FL.

#PeytonHeartProject

Kind words cost nothing.

In Honor of the Survivors & the
Lives Lost at Marjory Stoneman
Douglas High in Parkland, FL.
#PeytonHeartProject

Kindness in giving creates love.

In Honor of the Survivors & the
Lives Lost at Marjory Stoneman
Douglas High in Parkland, FL.
#PeytonHeartProject

Kindness is contagious.

In Honor of the Survivors & the

Lives Lost at Marjory Stoneman

Douglas High in Parkland, FL.

#PeytonHeartProject

Lífe ís ínfinitely. beautíful

In Honor of the Survivors & the

Lives Lost at Marjory Stoneman

Douglas High in Parkland, FL.

#PeytonHeartProject

Be a light in the dark.

In Honor of the Survivors & the

Lives Lost at Marjory Stoneman

Douglas High in Parkland, FL.

#PeytonHeartProject

Lífe's possibilities are endless.

In Honor of the Survivors & the Lives Lost at Marjory Stoneman Douglas High in Parkland, FL. #PeytonHeartProject

Listen to your heart.

In Honor of the Survivors & the

Lives Lost at Marjory Stoneman

Douglas High in Parkland, FL.

#PeytonHeartProject

Let your beauty unfold.

In Honor of the Survivors & the
Lives Lost at Marfory Stoneman
Douglas High in Parkland, FL.
#PeytonHeartProject

Let your líght shíne.

In Honor of the Survivors & the
Lives Lost at Marjory Stoneman
Douglas High in Parkland, FL.
#PeytonHeartProject

Kíndness matters.

In Honor of the Survivors & the

Lives Lost at Marjory Stoneman

Douglas High in Parkland, FL.

#PeytonHeartProject

Kindness will set you free. In Honor of the Survivors & the

In Honor of the Survivors & the
Lives Lost at Marjory Stoneman
Douglas High in Parkland, FL.
#PeytonHeartProject

Kíndness ís free.

In Honor of the Survivors & the
Lives Lost at Marjory Stoneman
Douglas High in Parkland, FL.
#PeytonHeartProject

Life is a gift.

In Honor of the Survivors & the
Lives Lost at Marjory Stoneman
Douglas High in Parkland, FL.
#PeytonHeartProject

Life is amazing!

In Honor of the Survivors & the Lives Lost at Marjory Stoneman Douglas High in Parkland, FL. #PeytonHeartProject

Let there be love.

In Honor of the Survivors & the
Lives Lost at Marjory Stoneman
Douglas High in Parkland, FL.
#PeytonHeartProject



Live fearlessly.

In Honor of the Survivors & the Líves Lost at Marfory Stoneman Douglas High in Parkland, F.L. #PeytonHeartProject

Live in the moment.

In Honor of the Survivors & the Lives Lost at Marjory Stoneman Douglas High in Parkland, F.L. #PeytonHeartProject

Live life with confidence.

In Honor of the Survivors & the Lives Lost at Marjory Stoneman Douglas High in Parkland, F.L. #PeytonHeartProject

Live the life you've imagined.

In Honor of the Survivors & the Lives Lost at Marjory Stoneman Douglas High in Parkland, F.L. #PeytonHeartProject

Live your life for you.

In Honor of the Survivors & the Lives Lost at Marjory Stoneman Douglas High in Parkland, FL. #PeytonHeartProject

Love changes everything.

In Honor of the Survivors & the Lives Lost at Marjory Stoneman Douglas High in Parkland, FL. #PeytonHeartProject

Be always blooming.

In Honor of the Survivors & the Líves Lost at Marjory Stoneman Douglas High in Parkland, F.L. #PeytonHeartProject

Be the hero ín your own story.

In Honor of the Survivors & the Lives Lost at Marjory Stoneman Douglas High in Parkland, F.L. #PeytonHeartProject

Speak only words of kindness.

In Honor of the Survivors & the Lives Lost at Marjory Stoneman Douglas High in Parkland, F.L. #PeytonHeartProject

Spread love each day.

In Honor of the Survivors & the Lives Lost at Marjory Stoneman Douglas High in Parkland, F.L. #PeytonHeartProject

Take tíme to dream more.

In Honor of the Survivors & the Lives Lost at Marjory Stoneman Douglas High in Parkland, F.L. #PeytonHeartProject

The best is yet to be.

In Honor of the Survivors & the Lives Lost at Marjory Stoneman Douglas High in Parkland, F.L. #PeytonHeartProject

Love is all around you.

In Honor of the Survivors & the Líves Lost at Marjory Stoneman Douglas High in Parkland, F.L. #PeytonHeartProject

Love reflects love.

In Honor of the Survivors & the Líves Lost at Marfory Stoneman Douglas High in Parkland, F.L. #PeytonHeartProject

Love the life you live.

In Honor of the Survivors & the Líves Lost at Marjory Stoneman Douglas High in Parkland, F.L. #PeytonHeartProject

Measure your life in love.

In Honor of the Survivors & the Líves Lost at Marjory Stoneman Douglas High in Parkland, F.L. #PeytonHeartProject

Peace is always beautiful.

In Honor of the Survivors & the Líves Lost at Marjory Stoneman Douglas High in Parkland, F.L. #PeytonHeartProject

Posítíve energy can heal the world.

In Honor of the Survivors & the Lives Lost at Marjory Stoneman Douglas High in Parkland, F.L. #PeytonHeartProject

Rejoice in life's beauty.

In Honor of the Survivors & the Lives Lost at Marjory Stoneman Douglas High in Parkland, F.L. #PeytonHeartProject

Say yes to new adventures.

In Honor of the Survivors & the Lives Lost at Marjory Stoneman Douglas High in Parkland, F.L. #PeytonHeartProject

Scatter kindness.

In Honor of the Survivors & the Líves Lost at Marjory Stoneman Douglas High in Parkland, F.L. #PeytonHeartProject

Seize each and every day.

In Honor of the Survivors & the Líves Lost at Marjory Stoneman Douglas High in Parkland, F.L. #PeytonHeartProject

Smíle often & love always.

In Honor of the Survivors & the Líves Lost at Marjory Stoneman Douglas High in Parkland, F.L. #PeytonHeartProject

Speak kindly to yourself.

In Honor of the Survivors & the Líves Lost at Marjory Stoneman Douglas High in Parkland, F.L. #PeytonHeartProject

Love on purpose.

In Honor of the Survivors & the Lives Lost at Marjory Stoneman Douglas High in Parkland, F.L. #PeytonHeartProject

Love is infinite.

In Honor of the Survivors & the Lives Lost at Marjory Stoneman Douglas High in Parkland, F.L. #PeytonHeartProject

Love is the answer.

In Honor of the Survivors & the Lives Lost at Marjory Stoneman Douglas High in Parkland, F.L. #PeytonHeartProject

Love life.

In Honor of the Survivors & the Lives Lost at Marjory Stoneman Douglas High in Parkland, F.L. #PeytonHeartProject



The world needs more love.

In Honor of the Survivors & the Lives Lost at Marjory Stoneman Douglas High in Parkland, F.L. #PeytonHeartProject

The world needs you.

In Honor of the Survivors & the Líves Lost at Marfory Stoneman Douglas High in Parkland, F.L. #PeytonHeartProject

There is always hope.

In Honor of the Survivors & the Líves Lost at Marfory Stoneman Douglas High in Parkland, F.L. #PeytonHeartProject

There is always light to be found.

In Honor of the Survivors & the Lives Lost at Marjory Stoneman Douglas High in Parkland, F.L. #PeytonHeartProject

There's no wrong way to be you.

In Honor of the Survivors & the Lives Lost at Marjory Stoneman Douglas High in Parkland, FL. #PeytonHeartProject

Tomorrow brings new hope.

In Honor of the Survivors & the Lives Lost at Marjory Stoneman Douglas High in Parkland, F.L. #PeytonHeartProject

Trust the magic of new beginnings.

In Honor of the Survivors & the Lives Lost at Marjory Stoneman Douglas High in Parkland, F.L. #PeytonHeartProject

Trust your soul.

In Honor of the Survivors & the Lives Lost at Marjory Stoneman Douglas High in Parkland, F.L. #PeytonHeartProject

Unlock the beauty inside you.

In Honor of the Survivors & the Lives Lost at Marjory Stoneman Douglas High in Parkland, F.L. #PeytonHeartProject

Use your life to create miracles.

In Honor of the Survivors & the Lives Lost at Marjory Stoneman Douglas High in Parkland, F.L. #PeytonHeartProject

Value those you love.

In Honor of the Survivors & the Lives Lost at Marjory Stoneman Douglas High in Parkland, F.L. #PeytonHeartProject

We rise by lifting others.

In Honor of the Survivors & the Lives Lost at Marjory Stoneman Douglas High in Parkland, F.L. #PeytonHeartProject

You are a burst of beautiful.

In Honor of the Survivors & the Líves Lost at Marjory Stoneman Douglas High in Parkland, F.L. #PeytonHeartProject

You are a gift to the Universe.

In Honor of the Survivors & the Líves Lost at Marfory Stoneman Douglas High in Parkland, F.L. #PeytonHeartProject

You are a miracle.

In Honor of the Survivors & the Lives Lost at Marjory Stoneman Douglas High in Parkland, F.L. #PeytonHeartProject

You are a treasure.

In Honor of the Survivors & the Líves Lost at Marjory Stoneman Douglas High in Parkland, F.L. #PeytonHeartProject

Your soul is made of stars.

In Honor of the Survivors & the Lives Lost at Marjory Stoneman Douglas High in Parkland, F.L. #PeytonHeartProject

Your love can move mountains.

In Honor of the Survivors & the Líves Lost at Marjory Stoneman Douglas High in Parkland, F.L. #PeytonHeartProject

You are stronger than the storm.

In Honor of the Survivors & the Líves Lost at Marjory Stoneman Douglas High in Parkland, F.L. #PeytonHeartProject

You are truly beautiful.

In Honor of the Survivors & the Lives Lost at Marjory Stoneman Douglas High in Parkland, F.L. #PeytonHeartProject

Your life is your message.

In Honor of the Survivors & the Líves Lost at Marjory Stoneman Douglas High in Parkland, F.L. #PeytonHeartProject

You deserve happiness.

In Honor of the Survivors & the Líves Lost at Marjory Stoneman Douglas High in Parkland, F.L. #PeytonHeartProject

You dwell in possibility.

In Honor of the Survivors & the Líves Lost at Marjory Stoneman Douglas High in Parkland, F.L. #PeytonHeartProject

will be worth it.

Your fourney

In Honor of the Survivors & the Líves Lost at Marjory Stoneman Douglas High in Parkland, F.L. #PeytonHeartProject

You are worth it.

In Honor of the Survivors & the Lives Lost at Marjory Stoneman Douglas High in Parkland, F.L. #PeytonHeartProject

Your life matters.

In Honor of the Survivors & the Lives Lost at Marjory Stoneman Douglas High in Parkland, F.L. #PeytonHeartProject

You are loved.

In Honor of the Survivors & the Lives Lost at Marjory Stoneman Douglas High in Parkland, F.L. #PeytonHeartProject

You are limitless.

In Honor of the Survivors & the Lives Lost at Marjory Stoneman Douglas High in Parkland, F.L. #PeytonHeartProject

