

Thank you for wanting to help make and scatter Peyton Heart Project hearts in your area. We are eager to know if you will be scattering hearts in locations that we don't already have many people scattering hearts in. Although people in every country are welcome to join us we would love to hear if you will be scattering hearts in countries outside of the US, Canada, The Netherlands or Australia. We love updating our world map and want to know which countries we should add.

The hearts you make should be about 1.5 to 2 inches (4cm-5cm) in size with **two** strands of 5 inches (12cm) each coming from the **center of the top** of the hearts that you tie together into an overhand or figure eight knot (not a granny knot or square knot) before you attach the tags. Please do not make this loop long enough for a child to wear as a necklace. A child could become entangled in it. The hearts should be bright colors – not black. **Please do not attach buttons, beads, etc. to the hearts because a small child might find the heart and it could present a choking hazard.**

Below are the pages for the fronts and backs of the tags for the Peyton Heart Project. If your printer does automatic double-sided printing (long-edge binding): set it to print pages 2 to 11.

If your printer doesn't print both sides by itself: set it to print just the **even** pages, then turn them over and run them through the printer again printing page 3 on the backs of all the pages. Make sure the same edge is up on both sides. (Test one first.)

Use a hole punch to place a hole in the upper LEFT corner of the front of each tag. Then, attach the tags to the hearts. We use brightly colored card stock for our tags. It helps them get noticed when they are left in public places. Only use thick paper to print out the tags please. At least **"65lb"** weight card stock. Regular 20-24lb copy paper is just not strong enough.

Have fun and please take some photos along the way. Be sure to share them on our Facebook page or Instagram. Be sure to mention that you are scattering the hearts when you post the photos. When posting on social media please add the hashtag #PeytonHeartProject to your photos.

**Our quotes are only to be used for the Peyton Heart Project.  
The hearts should never be sold. They are always FREE.**

Sincerely,  
The Peyton Heart Project  
**February 23, 2025**

**Please do not alter the files in any way. This includes changing any quotes; changing the layout; changing the font; changing any colors; adding or deleting icons.**

When scattering hearts it is your responsibility to know what the laws are regarding leaving things in public in the locations you are putting them in. Please pay close attention to all laws and regulations when you are scattering your hearts, for example, No Trespassing! No state parks or national parks. Please avoid scattering hearts where they might be seen as litter. The Peyton Heart Project is not responsible for hearts left in locations where they are not permitted to be left.

Please do not insert hearts or tags into vending machine slots or ATM slots or gas pump slots or any other card reader or money slot. It can jam the machinery.

Our hearts cannot be left in mailboxes for people to find unless they have gone through the postal system with postage on them.

♥ Take Me!

*Love  
deeply.*

#PeytonHeartProject

♥ Take Me!

*Love  
endlessly.*

#PeytonHeartProject

♥ Take Me!

*Love  
fiercely.*

#PeytonHeartProject

♥ Take Me!

*Love has  
no limits.*

#PeytonHeartProject

♥ Take Me!

*Love is all  
around you.*

#PeytonHeartProject

♥ Take Me!

*Love is  
everything.*

#PeytonHeartProject

♥ Take Me!

*Love is  
infinite.*

#PeytonHeartProject

♥ Take Me!

*Love is more  
powerful than hate.*

#PeytonHeartProject

♥ Take Me!

*Love is the  
answer.*

#PeytonHeartProject

♥ Take Me!

*Love  
life.*

#PeytonHeartProject

♥ Take Me!

*Love on  
purpose.*

#PeytonHeartProject

♥ Take Me!

*Love one  
another.*

#PeytonHeartProject

♥ Take Me!

*Love  
reflects love.*

#PeytonHeartProject

♥ Take Me!

*Love the life  
you live.*

#PeytonHeartProject

♥ Take Me!

*Make each day a  
wonderful memory  
for tomorrow.*

#PeytonHeartProject

♥ Take Me!

*Make every day  
a masterpiece.*

#PeytonHeartProject

♥ Take Me!

*Make the most  
of your unique gifts.*

#PeytonHeartProject

♥ Take Me!

*Make today  
magical.*

#PeytonHeartProject

♥ Take Me!

*Manifest  
positive change.*

#PeytonHeartProject

♥ Take Me!

*May your  
spirit soar.*

#PeytonHeartProject

♥ Take Me!

*Measure  
your life in love.*

#PeytonHeartProject

♥ Take Me!

*No act of  
kindness is ever wasted.*

#PeytonHeartProject

♥ Take Me!

*No one is you,  
and that is your power.*

#PeytonHeartProject

♥ Take Me!

*Nurture more  
kindness in the world.*

#PeytonHeartProject

♥ Take Me!

*One person can  
inspire many.*

#PeytonHeartProject

♥ Take Me!

*Open your  
circle wide.*

#PeytonHeartProject

♥ Take Me!

*Peace is  
always beautiful.*

#PeytonHeartProject

♥ Take Me!

*Positive energy  
can heal the world.*

#PeytonHeartProject

♥ Take Me!

*Positively  
influence the world.*

#PeytonHeartProject

♥ Take Me!

*Protect your  
peace of mind.*

#PeytonHeartProject

♥ Take Me!

*Rejoice in  
life's beauty.*

#PeytonHeartProject

♥ Take Me!

*Remember why  
you started.*

#PeytonHeartProject



<p>♥ Take Me! <b>Remember your worth.</b> #PeytonHeartProject</p>	<p>♥ Take Me! <b>Resilience is your super power.</b> #PeytonHeartProject</p>	<p>♥ Take Me! <b>Rise from challenges.</b> #PeytonHeartProject</p>	<p>♥ Take Me! <b>Say yes to new adventures.</b> #PeytonHeartProject</p>
<p>♥ Take Me! <b>Scatter kindness.</b> #PeytonHeartProject</p>	<p>♥ Take Me! <b>Scatter kindness.</b> #PeytonHeartProject</p>	<p>♥ Take Me! <b>See each obstacle as a stepping stone.</b> #PeytonHeartProject</p>	<p>♥ Take Me! <b>See everyone's worth.</b> #PeytonHeartProject</p>
<p>♥ Take Me! <b>Seek the sunshine.</b> #PeytonHeartProject</p>	<p>♥ Take Me! <b>Seize each and every day.</b> #PeytonHeartProject</p>	<p>♥ Take Me! <b>Sharing the weight makes the journey lighter.</b> #PeytonHeartProject</p>	<p>♥ Take Me! <b>Simply begin.</b> #PeytonHeartProject</p>
<p>♥ Take Me! <b>Something wonderful is about to happen.</b> #PeytonHeartProject</p>	<p>♥ Take Me! <b>Spark change.</b> #PeytonHeartProject</p>	<p>♥ Take Me! <b>Spark joy.</b> #PeytonHeartProject</p>	<p>♥ Take Me! <b>Speak kindly to yourself.</b> #PeytonHeartProject</p>
<p>♥ Take Me! <b>Speak only words of kindness.</b> #PeytonHeartProject</p>	<p>♥ Take Me! <b>Speak words of beauty.</b> #PeytonHeartProject</p>	<p>♥ Take Me! <b>Speak your truth.</b> #PeytonHeartProject</p>	<p>♥ Take Me! <b>Spread love each day.</b> #PeytonHeartProject</p>
<p>♥ Take Me! <b>Spread love like confetti.</b> #PeytonHeartProject</p>	<p>♥ Take Me! <b>Stumbles are the stepping stones to strength.</b> #PeytonHeartProject</p>	<p>♥ Take Me! <b>Take time for joy.</b> #PeytonHeartProject</p>	<p>♥ Take Me! <b>Take time to dream more.</b> #PeytonHeartProject</p>
<p>♥ Take Me! <b>The best is yet to be.</b> #PeytonHeartProject</p>	<p>♥ Take Me! <b>The good things in life are better with you.</b> #PeytonHeartProject</p>	<p>♥ Take Me! <b>The world needs more love.</b> #PeytonHeartProject</p>	<p>♥ Take Me! <b>The world needs you.</b> #PeytonHeartProject</p>
<p>♥ Take Me! <b>The world needs your gentle spirit.</b> #PeytonHeartProject®</p>	<p>♥ Take Me! <b>The world needs your light.</b> #PeytonHeartProject</p>	<p>♥ Take Me! <b>The world needs your spark; ignite it.</b> #PeytonHeartProject</p>	<p>♥ Take Me! <b>The world needs your unique spark.</b> #PeytonHeartProject</p>



♥ Take Me!

*There is  
always hope.*

#PeytonHeartProject

♥ Take Me!

*There is always  
light to be found.*

#PeytonHeartProject

♥ Take Me!

*There is so much to  
love about you.*

#PeytonHeartProject

♥ Take Me!

*There's a light  
inside you,  
hold onto it.*

#PeytonHeartProject

♥ Take Me!

*There's magic in  
every moment,  
find it.*

#PeytonHeartProject

♥ Take Me!

*There's no wrong  
way to be you.*

#PeytonHeartProject

♥ Take Me!

*Those who plant  
kindness gather love.*

#PeytonHeartProject

♥ Take Me!

*Through the storm,  
find your path.*

#PeytonHeartProject

♥ Take Me!

*Today is a  
new day.*

#PeytonHeartProject

♥ Take Me!

*Together, we  
shine brighter.*

#PeytonHeartProject

♥ Take Me!

*Tomorrow  
brings new hope.*

#PeytonHeartProject

♥ Take Me!

*Tomorrow  
needs you.*

#PeytonHeartProject

♥ Take Me!

*Treat yourself  
with love.*

#PeytonHeartProject

♥ Take Me!

*True joy is found  
in the simple  
moments.*

#PeytonHeartProject

♥ Take Me!

*True joy lies  
in the journey.*

#PeytonHeartProject

♥ Take Me!

*Trust that you  
will land safely.*

#PeytonHeartProject

♥ Take Me!

*Trust the  
magic of new  
beginnings.*

#PeytonHeartProject

♥ Take Me!

*Trust the timing  
of the universe.*

#PeytonHeartProject

♥ Take Me!

*Trust the timing  
of your life.*

#PeytonHeartProject

♥ Take Me!

*Trust your soul.*

#PeytonHeartProject

♥ Take Me!

*Turn your  
wounds into wisdom.*

#PeytonHeartProject

♥ Take Me!

*Unleash your  
spirit.*

#PeytonHeartProject

♥ Take Me!

*Unlock the  
beauty inside you.*

#PeytonHeartProject

♥ Take Me!

*Use your life  
to create miracles.*

#PeytonHeartProject

♥ Take Me!

*Value those  
you love.*

#PeytonHeartProject

♥ Take Me!

*We rise by  
lifting others.*

#PeytonHeartProject

♥ Take Me!

*When the skies are  
dark, look for the  
stars.*

#PeytonHeartProject

♥ Take Me!

*Where there is  
kindness there is magic.*

#PeytonHeartProject

♥ Take Me!

*With a tiny seed,  
hope takes root.*

#PeytonHeartProject

♥ Take Me!

*Wonder  
awaits.*

#PeytonHeartProject

♥ Take Me!

*Write your story  
with purpose.*

#PeytonHeartProject

♥ Take Me!

*You are a  
burst of beautiful.*

#PeytonHeartProject



<p>♥ Take Me!  <b>You are a canvas  of possibility.</b>  #PeytonHeartProject</p>	<p>♥ Take Me!  <b>You are a  constellation  of possibilities.</b>  #PeytonHeartProject</p>	<p>♥ Take Me!  <b>You are a gift  to the Universe.</b>  #PeytonHeartProject</p>	<p>♥ Take Me!  <b>You are a  lighthouse in the storm.</b>  #PeytonHeartProject</p>
<p>♥ Take Me!  <b>You are a  magnificent  possibility.</b>  #PeytonHeartProject</p>	<p>♥ Take Me!  <b>You are a master  of resilience.</b>  #PeytonHeartProject</p>	<p>♥ Take Me!  <b>You are a  masterpiece in the  making.</b>  #PeytonHeartProject</p>	<p>♥ Take Me!  <b>You are a melody  waiting to be composed.</b>  #PeytonHeartProject</p>
<p>♥ Take Me!  <b>You are  a miracle.</b>  #PeytonHeartProject</p>	<p>♥ Take Me!  <b>You are a phoenix,  rising from the challenges.</b>  #PeytonHeartProject</p>	<p>♥ Take Me!  <b>You are a radiant  spark that ignites change.</b>  #PeytonHeartProject</p>	<p>♥ Take Me!  <b>You are a  radiant sunrise.</b>  #PeytonHeartProject</p>
<p>♥ Take Me!  <b>You are a source of  comfort for others.</b>  #PeytonHeartProject</p>	<p>♥ Take Me!  <b>You are  a survivor.</b>  #PeytonHeartProject</p>	<p>♥ Take Me!  <b>You are  a treasure.</b>  #PeytonHeartProject</p>	<p>♥ Take Me!  <b>You are  beautiful.</b>  #PeytonHeartProject</p>
<p>♥ Take Me!  <b>You are  beautifully and  wonderfully created.</b>  #PeytonHeartProject</p>	<p>♥ Take Me!  <b>You are  beautifully unique.</b>  #PeytonHeartProject</p>	<p>♥ Take Me!  <b>You are capable  of amazing things.</b>  #PeytonHeartProject</p>	<p>♥ Take Me!  <b>You are  irreplaceable.</b>  #PeytonHeartProject</p>
<p>♥ Take Me!  <b>You are  limitless.</b>  #PeytonHeartProject</p>	<p>♥ Take Me!  <b>You are  loved.</b>  #PeytonHeartProject</p>	<p>♥ Take Me!  <b>You are  magic.</b>  #PeytonHeartProject</p>	<p>♥ Take Me!  <b>You are more  than your struggles.</b>  #PeytonHeartProject</p>
<p>♥ Take Me!  <b>You are on a  beautiful journey.</b>  #PeytonHeartProject</p>	<p>♥ Take Me!  <b>You are  resilient.</b>  #PeytonHeartProject</p>	<p>♥ Take Me!  <b>You are stronger  than the storm.</b>  #PeytonHeartProject</p>	<p>♥ Take Me!  <b>You are the  bridge between  dreams and reality.</b>  #PeytonHeartProject</p>
<p>♥ Take Me!  <b>You are  truly beautiful.</b>  #PeytonHeartProject</p>	<p>♥ Take Me!  <b>You are  truly blessed.</b>  #PeytonHeartProject</p>	<p>♥ Take Me!  <b>You are  wildly capable.</b>  #PeytonHeartProject</p>	<p>♥ Take Me!  <b>You are  worth it.</b>  #PeytonHeartProject</p>



♥ Take Me!

*You are worthy  
of a peaceful mind.*

#PeytonHeartProject

♥ Take Me!

*You are worthy  
of abundance.*

#PeytonHeartProject

♥ Take Me!

*You are  
worthy of love.*

#PeytonHeartProject

♥ Take Me!

*You deserve  
happiness.*

#PeytonHeartProject

♥ Take Me!

*You dwell  
in possibility.*

#PeytonHeartProject

♥ Take Me!

*You have  
endless potential.*

#PeytonHeartProject

♥ Take Me!

*You have the  
ability to create  
positive change.*

#PeytonHeartProject

♥ Take Me!

*You have the  
strength to face  
any challenge.*

#PeytonHeartProject

♥ Take Me!

*You hold within you  
a symphony of  
talents.*

#PeytonHeartProject

♥ Take Me!

*You make the  
world a beautiful place.*

#PeytonHeartProject

♥ Take Me!

*You were  
meant to be seen.*

#PeytonHeartProject

♥ Take Me!

*You will find the  
light again.*

#PeytonHeartProject

♥ Take Me!

*You will never  
regret being kind.*

#PeytonHeartProject

♥ Take Me!

*You're a  
magnet for miracles.*

#PeytonHeartProject

♥ Take Me!

*Your canvas  
awaits.*

#PeytonHeartProject

♥ Take Me!

*Your eyes are the  
windows to your soul.*

#PeytonHeartProject

♥ Take Me!

*Your heart holds  
galaxies.*

#PeytonHeartProject

♥ Take Me!

*Your journey  
will be worth it.*

#PeytonHeartProject

♥ Take Me!

*Your journey,  
a masterpiece.*

#PeytonHeartProject

♥ Take Me!

*Your life  
is your message.*

#PeytonHeartProject

♥ Take Me!

*Your life  
matters.*

#PeytonHeartProject

♥ Take Me!

*Your life, a  
tapestry of wonders.*

#PeytonHeartProject

♥ Take Me!

*Your love can  
move mountains.*

#PeytonHeartProject

♥ Take Me!

*Your pain is real,  
but you are stronger.*

#PeytonHeartProject

♥ Take Me!

*Your passion is  
your superpower.*

#PeytonHeartProject

♥ Take Me!

*Your passion will  
fuel your journey.*

#PeytonHeartProject

♥ Take Me!

*Your passions are  
whispers of your  
purpose.*

#PeytonHeartProject

♥ Take Me!

*Your soul is  
made of stars.*

#PeytonHeartProject

♥ Take Me!

*Your spirit is  
unbreakable.*

#PeytonHeartProject

♥ Take Me!

*Your story will  
inspire others.*

#PeytonHeartProject

♥ Take Me!

*Your voice matters;  
share your story.*

#PeytonHeartProject

♥ Take Me!

*Your worth is  
undeniable.*

#PeytonHeartProject

