


Thank you for wanting to help make and scatter Peyton Heart Project hearts in your area.

The hearts you make should be about 2 inches by 2.5 inches (5cm-6cm) in size with **two** strands of 5 inches (12cm) each coming from the **center of the top** of the hearts that you tie together into an overhand or figure eight knot (not a granny knot or square knot) before you attach the tags. Please do not make this loop long enough for a child to wear as a necklace. A child could become entangled in it. The hearts should be bright colors – not black. **Please do not attach buttons, beads, etc. to the hearts because a small child might find the heart and it could present a choking hazard.**

Below are the fronts and backs of the tags for the Crisis Hotline Numbers in the U.S. only. They are to be used only as a second tag, placed behind the quote tags for the Peyton Heart Project.

If your printer does automatic double-sided printing: set it to print pages 2 to 3. If your printer doesn't print both sides by itself: set it to print the front pages, then turn them over and run them through the printer again printing the backs of all the pages. Make sure the same edge is up on both sides.

Use a hole punch to place a hole in the upper LEFT corner of the front of each tag:  Then, attach the tags to the hearts. We use brightly colored card stock for our tags. It helps them get noticed when they are left in public places. Only use thick paper to print out the tags please. At least **"65lb"** weight card stock. Regular 20-24lb copy paper is just not strong enough.

Have fun and please take some photos along the way. Be sure to share them on our Facebook page or Instagram. Be sure to mention that you are scattering the hearts when you post the photos. When posting on social media please add the hashtag #PeytonHeartProject to your photos.

**Our quotes are only to be used for the Peyton Heart Project.
The hearts should never be sold. They are always FREE.**

For further information and updates to our guidelines, please go to our Facebook page where you can find the updated answers to our Frequently Asked Questions. You can find this post in our "notes" section on the left of our main page. Thank you.

Sincerely,
The Peyton Heart Project
September 16, 2022

Please do not alter the files in any way. This includes changing any quotes; changing the layout; changing the font; changing any colors; adding or deleting icons.

