

Thank you for wanting to help make and scatter Peyton Heart Project hearts in your area. We are eager to know if you will be scattering hearts in locations that we don't already have many people scattering hearts in. Although people in every country are welcome to join us we would love to hear if you will be scattering hearts in countries outside of the US, Canada, The Netherlands or Australia. We love updating our world map and want to know which countries we should add.

The hearts you make should be about 2 inches by 2.5 inches (5cm-6cm) in size with **two** strands of 5 inches (12cm) each coming from the **center of the top** of the hearts that you tie together into an overhand or figure eight knot (not a granny knot or square knot) before you attach the tags. Please do not make this loop long enough for a child to wear as a necklace. A child could become entangled in it. The hearts should be bright colors – not black. **Please do not attach buttons, beads, etc. to the hearts because a small child might find the heart and it could present a choking hazard.**

Below are the pages for the fronts and backs of the tags for the Peyton Heart Project. If your printer does automatic double-sided printing: set it to print pages 2 to 7.

If your printer doesn't print both sides by itself: set it to print pages 2, 4, & 6, then turn them over and run them through the printer again printing page 7 on the backs of all three pages. Make sure the same edge is up on both sides.

Use a hole punch to place a hole in the corner of the tag. Then, attach the tags to the hearts. We use brightly colored card stock for our tags. It helps them get noticed when they are left in public places. Only use thick paper to print out the tags please. At least **"65lb"** weight card stock. Regular 20-24lb copy paper is just not strong enough.

Have fun and please take some photos along the way. Be sure to share them on our Facebook page or Instagram/Twitter. Be sure to mention that you are scattering the hearts when you post the photos. When posting on social media please add the hashtag #PeytonHeartProject to your photos.

**Our quotes are only to be used for the Peyton Heart Project.
The hearts should never be sold. They are always FREE.**

For further information and updates to our guidelines, please go to our Facebook page where you can find the updated answers to our Frequently Asked Questions. You can find this post in our "notes" section on the left of our main page. Thank you.

Sincerely,
The Peyton Heart Project
October 7, 2019

Please do not alter the files in any way. This includes changing any quotes; changing the layout; changing the font; changing any colors; adding or deleting icons.

<p><i>Always choose kindness.</i> In Loving Memory of Peyton A. James 2001-2014 #PeytonHeartProject®</p>	<p><i>Always find reasons to smile.</i> In Loving Memory of Peyton A. James 2001-2014 #PeytonHeartProject®</p>	<p><i>Be always blooming.</i> In Loving Memory of Peyton A. James 2001-2014 #PeytonHeartProject®</p>	<p><i>Beautiful minds inspire others.</i> In Loving Memory of Peyton A. James 2001-2014 #PeytonHeartProject®</p>
<p><i>Beauty is everywhere.</i> In Loving Memory of Peyton A. James 2001-2014 #PeytonHeartProject®</p>	<p><i>Believe in miracles.</i> In Loving Memory of Peyton A. James 2001-2014 #PeytonHeartProject®</p>	<p><i>Believe in the kindness of others.</i> In Loving Memory of Peyton A. James 2001-2014 #PeytonHeartProject®</p>	<p><i>Believe in yourself.</i> In Loving Memory of Peyton A. James 2001-2014 #PeytonHeartProject®</p>
<p><i>Capture the beauty in every moment.</i> In Loving Memory of Peyton A. James 2001-2014 #PeytonHeartProject®</p>	<p><i>Collect beautiful moments.</i> In Loving Memory of Peyton A. James 2001-2014 #PeytonHeartProject®</p>	<p><i>Create love in every moment.</i> In Loving Memory of Peyton A. James 2001-2014 #PeytonHeartProject®</p>	<p><i>Embrace the possibilities.</i> In Loving Memory of Peyton A. James 2001-2014 #PeytonHeartProject®</p>
<p><i>Embrace your beautiful life.</i> In Loving Memory of Peyton A. James 2001-2014 #PeytonHeartProject®</p>	<p><i>Enjoy life's pleasures.</i> In Loving Memory of Peyton A. James 2001-2014 #PeytonHeartProject®</p>	<p><i>Every day is a second chance.</i> In Loving Memory of Peyton A. James 2001-2014 #PeytonHeartProject®</p>	<p><i>Everything is possible.</i> In Loving Memory of Peyton A. James 2001-2014 #PeytonHeartProject®</p>
<p><i>Follow your bliss.</i> In Loving Memory of Peyton A. James 2001-2014 #PeytonHeartProject®</p>	<p><i>Follow your dreams.</i> In Loving Memory of Peyton A. James 2001-2014 #PeytonHeartProject®</p>	<p><i>Go where your spirit takes you.</i> In Loving Memory of Peyton A. James 2001-2014 #PeytonHeartProject®</p>	<p><i>Inspiration Is all around you.</i> In Loving Memory of Peyton A. James 2001-2014 #PeytonHeartProject®</p>
<p><i>Keep your sense of wonder.</i> In Loving Memory of Peyton A. James 2001-2014 #PeytonHeartProject®</p>	<p><i>Kindness is free.</i> In Loving Memory of Peyton A. James 2001-2014 #PeytonHeartProject®</p>	<p><i>Kindness matters.</i> In Loving Memory of Peyton A. James 2001-2014 #PeytonHeartProject®</p>	<p><i>Kindness will set you free.</i> In Loving Memory of Peyton A. James 2001-2014 #PeytonHeartProject®</p>
<p><i>Let there be love.</i> In Loving Memory of Peyton A. James 2001-2014 #PeytonHeartProject®</p>	<p><i>Life is precious.</i> In Loving Memory of Peyton A. James 2001-2014 #PeytonHeartProject®</p>	<p><i>Life's possibilities are endless.</i> In Loving Memory of Peyton A. James 2001-2014 #PeytonHeartProject®</p>	<p><i>Listen to your heart.</i> In Loving Memory of Peyton A. James 2001-2014 #PeytonHeartProject®</p>

<p><i>Live in the moment.</i> In Loving Memory of Peyton A. James 2001-2014 #PeytonHeartProject®</p>	<p><i>Love changes everything.</i> In Loving Memory of Peyton A. James 2001-2014 #PeytonHeartProject®</p>	<p><i>Love is all around you.</i> In Loving Memory of Peyton A. James 2001-2014 #PeytonHeartProject®</p>	<p><i>Love is infinite.</i> In Loving Memory of Peyton A. James 2001-2014 #PeytonHeartProject®</p>
<p><i>Love life.</i> In Loving Memory of Peyton A. James 2001-2014 #PeytonHeartProject®</p>	<p><i>Love the life you live.</i> In Loving Memory of Peyton A. James 2001-2014 #PeytonHeartProject®</p>	<p><i>May your spirit soar.</i> In Loving Memory of Peyton A. James 2001-2014 #PeytonHeartProject®</p>	<p><i>Measure your life in love.</i> In Loving Memory of Peyton A. James 2001-2014 #PeytonHeartProject®</p>
<p><i>No act of kindness is ever wasted.</i> In Loving Memory of Peyton A. James 2001-2014 #PeytonHeartProject®</p>	<p><i>Positive energy can heal the world.</i> In Loving Memory of Peyton A. James 2001-2014 #PeytonHeartProject®</p>	<p><i>Rejoice in life's beauty.</i> In Loving Memory of Peyton A. James 2001-2014 #PeytonHeartProject®</p>	<p><i>Speak kindly to yourself.</i> In Loving Memory of Peyton A. James 2001-2014 #PeytonHeartProject®</p>
<p><i>Spread your wings and learn to fly.</i> In Loving Memory of Peyton A. James 2001-2014 #PeytonHeartProject®</p>	<p><i>Take time to dream more.</i> In Loving Memory of Peyton A. James 2001-2014 #PeytonHeartProject®</p>	<p><i>The best is yet to be.</i> In Loving Memory of Peyton A. James 2001-2014 #PeytonHeartProject®</p>	<p><i>The world needs you.</i> In Loving Memory of Peyton A. James 2001-2014 #PeytonHeartProject®</p>
<p><i>The world needs you.</i> In Loving Memory of Peyton A. James 2001-2014 #PeytonHeartProject®</p>	<p><i>Tomorrow brings new hope.</i> In Loving Memory of Peyton A. James 2001-2014 #PeytonHeartProject®</p>	<p><i>Trust your soul.</i> In Loving Memory of Peyton A. James 2001-2014 #PeytonHeartProject®</p>	<p><i>You are a burst of beautiful.</i> In Loving Memory of Peyton A. James 2001-2014 #PeytonHeartProject®</p>
<p><i>You are a gift to the Universe.</i> In Loving Memory of Peyton A. James 2001-2014 #PeytonHeartProject®</p>	<p><i>You are loved.</i> In Loving Memory of Peyton A. James 2001-2014 #PeytonHeartProject®</p>	<p><i>You are truly beautiful.</i> In Loving Memory of Peyton A. James 2001-2014 #PeytonHeartProject®</p>	<p><i>You make the world a beautiful place.</i> In Loving Memory of Peyton A. James 2001-2014 #PeytonHeartProject®</p>
<p><i>You're a magnet for miracles.</i> In Loving Memory of Peyton A. James 2001-2014 #PeytonHeartProject®</p>	<p><i>Your journey will be worth it.</i> In Loving Memory of Peyton A. James 2001-2014 #PeytonHeartProject®</p>	<p><i>Your life matters.</i> In Loving Memory of Peyton A. James 2001-2014 #PeytonHeartProject®</p>	<p><i>Your soul is made of stars.</i> In Loving Memory of Peyton A. James 2001-2014 #PeytonHeartProject®</p>

*Be a light
in the dark.*

*In Loving Memory of
Peyton James 2001-2014*

#PeytonHeartProject®

Be true to you.

*In Loving Memory of
Peyton James 2001-2014*

#PeytonHeartProject®

Believe in love.

*In Loving Memory of
Peyton James 2001-2014*

#PeytonHeartProject®

*Create your
own path.*

*In Loving Memory of
Peyton James 2001-2014*

#PeytonHeartProject®

*Create your
own sunshine.*

*In Loving Memory of
Peyton James 2001-2014*

#PeytonHeartProject®

*Dream deeper
than the ocean.*

*In Loving Memory of
Peyton James 2001-2014*

#PeytonHeartProject®

*Dream
without limits.*

*In Loving Memory of
Peyton James 2001-2014*

#PeytonHeartProject®

*Embrace
who you are.*

*In Loving Memory of
Peyton James 2001-2014*

#PeytonHeartProject®

*Every day
is a gift.*

*In Loving Memory of
Peyton James 2001-2014*

#PeytonHeartProject®

*Everyone
deserves love.*

*In Loving Memory of
Peyton James 2001-2014*

#PeytonHeartProject®

Follow your heart.

*In Loving Memory of
Peyton James 2001-2014*

#PeytonHeartProject®

*Inspire
someone today.*

*In Loving Memory of
Peyton James 2001-2014*

#PeytonHeartProject®

Life is amazing!

*In Loving Memory of
Peyton James 2001-2014*

#PeytonHeartProject®

Live fearlessly.

*In Loving Memory of
Peyton James 2001-2014*

#PeytonHeartProject®

*Live your
life for you.*

*In Loving Memory of
Peyton James 2001-2014*

#PeytonHeartProject®

Love endlessly.

*In Loving Memory of
Peyton James 2001-2014*

#PeytonHeartProject®

Love has no limits.

*In Loving Memory of
Peyton James 2001-2014*

#PeytonHeartProject®

*Love is more
powerful than hate.*

*In Loving Memory of
Peyton James 2001-2014*

#PeytonHeartProject®

Love reflects love.

*In Loving Memory of
Peyton James 2001-2014*

#PeytonHeartProject®

*No one is you,
and that is your power.*

*In Loving Memory of
Peyton James 2001-2014*

#PeytonHeartProject®

*Smile often
& love always.*

*In Loving Memory of
Peyton James 2001-2014*

#PeytonHeartProject®

*Spread love
each day.*

*In Loving Memory of
Peyton James 2001-2014*

#PeytonHeartProject®

*The world
needs more love.*

*In Loving Memory of
Peyton James 2001-2014*

#PeytonHeartProject®

*The world
needs more love.*

*In Loving Memory of
Peyton James 2001-2014*

#PeytonHeartProject®

*There's no wrong
way to be you.*

*In Loving Memory of
Peyton James 2001-2014*

#PeytonHeartProject®

You are limitless.

*In Loving Memory of
Peyton James 2001-2014*

#PeytonHeartProject®

You are worth it.

*In Loving Memory of
Peyton James 2001-2014*

#PeytonHeartProject®

*You deserve
happiness.*

*In Loving Memory of
Peyton James 2001-2014*

#PeytonHeartProject®

